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Brittany Wilkins
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This work is a personal account of how God helped the author work through the shame and guilt of killing a car passenger. Fifteen chapters describe the author’s “downward spiral” (p. 12) and eventual redemption. Dr. Stephen Seamands provides the foreword.


This four-part “volume is grounded in current findings from psychotherapy research and the psychology of religion,” and is “filled with fresh, practical ideas that can be woven into any form of psychotherapy.” Part I consists of one chapter: “A Rationale for a Spiritually Integrated Psychotherapy.” Part II, “Understanding the Sacred,” comprises seven chapters. Part III, “Addressing the Sacred,” has seven chapters. Part IV consists of one chapter: “Steps Toward a More Spiritually Integrated Psychotherapy.”


This book describes secondary traumatic stress in child welfare work, provides tools that help those entering child welfare work identify practical interventions to cope with secondary traumatic stress, and suggests how educators can help prevent dropout later. The book has seven chapters. There is an online manual available.


This is the first book in the traumatic incident reduction (TIR) application series (series editor: Robert Rich). This particular book has six chapters. Four chapters deal specifically with TIR and critical incident stress management (CISM) and critical incident stress debriefing (CISD). Chapter 5, “CISM, TIR, and Workplace Crime,” and chapter 6, “Traumatology on the Front Lines,” are of special interest. Appendix A is a question and answer section for practitioners about TIR. Appendix B includes the basic concepts of CISM. Appendix C has rules for facilitation.


Appendices provide memory lists for children, information on training in TIR, and a reading list.

Received for Review Consideration

Choosing to Heal: Using Reality Therapy in the Treatment of Sexually Abused Children, by L. Ellsworth.


Psychological Knowledge in Court: PTSD, Pain, and TBI, edited by G. Young, A. W. Kane, and K. Nicholson.

Causality of Psychological Injury: Presenting Evidence in Court, edited by G. Young, A. W. Kane, and K. Nicholson.

The Trauma Spectrum: Hidden Wounds and Human Resiliency, by R. Scaer.

Violent Death: Resilience and Intervention Beyond the Crisis, edited by E. K. Rynearson.

Resiliency After Violent Death, DVD distributed by Gift from Within.

Surviving Domestic Violence, DVD distributed by Gift from Within.

Explaining PTSD Is Part of Treating PTSD, DVD distributed by Gift from Within.


Brittany Wilkins, MSW
Florida State University
Tallahassee, Florida
This book presents an elegant synthesis of contemporary research and thinking about the role of stress and coping in human development. It offers us a provocative theory of adaptation that should generate a great deal of debate and stimulate interdisciplinary research that cuts across the human lifespan. Dr. Aldwin's book provides a comprehensive review of the extant literature on the subject as well as the various methodological approaches that have been used to study the effects of stress. Her integrative perspective focuses on the need for researchers to acknowledge the bidirectionality of person-environment interactions. The central role that coping plays in moderating negative effects of stress has emerged over the past two decades, with literally thousands of studies scattered across several disciplines. This volume brings together for the first time the cross-disciplinary findings on stress and coping from the fields of psychology, human physiology, sociology, and anthropology. Carolyn M. Aldwin, PhD, is an Associate Professor in Human Development and Family Studies at the University of California, Davis. A consulting editor for the Journal of Personality and Social Psychology, she also serves as a reviewer for a number of health psychology, behavioral medicine, and gerontology journals.